

Real Spirituality

Spirituality is “in”—and it may not have anything to do with faith in God. Secular spirituality, pagan spirituality, and Christian spiritual practices are easily confused even by people of committed faith in Jesus Christ. This series explores spirituality for individuals and churches, showing that the Biblical vision of God’s people is a joyful community focused on God alone.

Target audience

Teen to adult. (The gritty visuals may appeal more to the young more, the biblical emphasis may appeal more to mature Christians.)

Two-Part Format

The first presentation can stand alone, but is more fulfilling when combined with the second. Designed as a multi-media presentation with audience feedback, where applicable, at the end.

Audio visual needs

- Projector to which I can connect my PC via standard cable connection.
- Audio from the PC through a standard headphone jack.

Spirituality for Real People



If someone tells you “I’m spiritual, but not religious,” whose spirit are they talking about when they say “spiritual”? The Bible describes the vibrant, authentic life that comes from godly spirituality—spiritual religion. For Christians, spirituality is about what God’s Spirit is doing in us. The *spirit* in *spiritual*, the Bible shows, is the living, powerful Spirit of God. God’s spirit is not reserved for a select, “holy” few, but open to real people seeking fullness in their Christian walk.

Spirituality for Real Churches



God’s Spirit is the core of our individual spirituality, and that same Spirit is core of our congregation’s spirituality. Most people do not think of spirituality in terms of community—even though this is the primary conception in the biblical witness—so the presentation mines the rich theology of spirituality in the Bible. In addition, a key method for promoting spiritual maturity—“discern and adapt”—provides a resource immediately accessible by leaders of real churches.

Presenter

Mark Parker earned English degrees from Oklahoma Christian and the University of Idaho before serving for five years in the Zagreb, Croatia, church of Christ. He earned a Master of Divinity degree from Harding University Graduate School of Religion, where he currently serves as Assistant Vice President. He lives in Memphis, Tenn., with his wife, Christine, and two sons. Contact information:

